



Helping Hands Guide



Community Programs and Services from
Nackawic to Plaster Rock

Available online at www.urvkids.ca

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IMPORTANT NUMBERS

Emergency

911

Mental Health Mobile Crisis Unit

1-888-667-0444

Kids Help Phone

1-800-668-6868

Telecare

811

RCMP

1-888-506-7267

Woodstock Town Police

325-4601

Hospitals

Upper River Valley Hospital: 375-5900

Hotel Dieu of Saint Joseph: 273-7100

Doctor Everett Chalmers Regional Hospital: 452-5400

Community Health Centres

Plaster Rock: 356-6600

Nackawic: 575-6600

Hartland: 375-2700

CRISIS SERVICES

CHIMO Help Line Inc.

Phone: (506) 450-4357 / 1-800-667-5005 (24 hours)

A confidential telephone service which gives information, responds to crisis and provides friendship, understanding and referral.

Mental Health Mobile Crisis Unit

Phone: 1-888-667-0444

Provides emergency mental health intervention.

Fredericton Sexual Assault Crisis Centre

Phone: (506) 454-0437 (support)/454-0460 (general)

Website: www.fsacc.ca

24 hour confidential service to victims of sexual assault.

Provides support and information and will accompany victims to hospital, police or court on request. Public education program also provided.

Sanctuary House – Woodstock

Phone: 325-9452/1-866-377-3577 (24 hour line)

Email: sanctuary@nb.aibn.com

24 hour, confidential service/shelter for women and children who feel threatened by emotional, physical and/or sexual abuse in their homes. Counselling by telephone and appointments are also available for people seeking information on their options or other resources. All calls are confidential; the shelter has no “call-display” and will not ask your name.

Kids help phone: 1 800 668 6868; www.kidshelpphone.ca

Salvation Army Family Services

Phone: 328-8276

Provides emergency food, clothing and shelter.

Valley Food Bank**Phone: 328-4417****Website: www.valleyfoodbank.ca****Find us on Facebook @valleyfoodbank.ca**

Located in Woodstock. Provides emergency food, clothing, and household items/furniture daily for persons and families in need. Provides outreach deliver program to Millville, Canterbury, Hartland and Florenceville-Bristol. Offers school breakfast program, cooking and gardening clubs.

Good Samaritan Food Bank Perth Andover**Phone: 273-6201****Emergency phone: 273-6018****Find us on Facebook @gsfoodbank****Valley Outreach – Moving Forward****Phone: 328-9680 /1-877-882-8087 (toll free) Text 328-7246****Email: valleyoutreach@nb.aibn.com**

A community-based service for anyone who has survived an abusive relationship to promote healing from the effects of abuse. Encourage self-discovery to a healthier life. Free and confidential services. Supports Groups: Self-Love, Sexual Assault, etc.

COUNSELLING (Public and Private)

Addictions and Mental Health Services

Services include assessment, treatment and rehabilitation for children and adults having addictions and/or mental health issues. Services are **free**.

- Woodstock: 325-4419
- Perth: 273-4701
- Fredericton: 453-2132

Gambling Helpline

Phone: 1-800-461-1234

River Valley Wellness Center

- **Woodstock: 328-6852** (2190 Route 165)
- **Florenceville: 392-1052** (23 McCain Street)

Ministerial Associations

Group of pastors who provide Pastoral Counselling:

- Woodstock and area: 324-8020
- Hartland and area: 375-4302
- Perth-Andover and area: 273-3014

Employee/Family Assistance Program (EFAP)

In-Confidence: 1-866-347-2067

EFAP may be available through your employer to access a private counselor in the local area or to have resources mailed to you. All your information will be confidential.

Private Counselling via your own health insurance plan

(Blue Cross, Great West Life, etc.)

Consult your plan's website or call the 1-800# on the policy card. Ask for private one-on-one face-to-face counseling by a psychologist or a social worker.

Family Enrichment and Counselling Services Inc.

Phone: (506) 458-8211; Toll free 1-888-829-6777

Website: www.familyenrichment.ca

A private, non-profit agency dedicated to the promotion of stronger family life in the community. The agency provides financial, individual, marital and family counselling and mediation services. Personal/professional development programs also provided.

Private Counselling:

- College of Psychologists of New Brunswick
Phone: 1-506-382-1994
Website: www.cpnb.ca
- NB Association of Social Workers
Phone: 1-877-495-5595
Website: www.nbasw-atsnb.ca

SUPPORT GROUPS

Call your local hospital or Mental Health office for support groups near you.

Harvest House

Woodstock: 594-5000

Plaster Rock: 359-0282

An inter-denominational ministry that works to show the compassion of Jesus Christ through real tangible ways. These "ways" include: weekly community meal, drop-in center, temporary shelter services, one-on-one mentoring, weekly fellowship service, 12-Step recovery program, formal and informal counselling, job readiness and life skills, 9 month addictions recovery program (Moncton) and more.

Canadian Mental Health Association

Under "Health Services"

HEALTH SERVICES

Breastfeeding Support

- Upper River Valley Hospital: 375-5900
- Hôtel Dieu: 273-7100
- Public Health: 1-888-829-6444 / 325-4630

Support groups: Woodstock/Florenceville-Bristol: 323-9593
www.facebook.com/Mom-2-Mom-Support-906550309403435/

Public Health Services

Nackawic-Plaster Rock: 1-888-829-6444

- **Nursing services:** Pre-and postnatal home visiting; School health; Pediatric Immunization Clinics; Healthy Toddler Assessments
- **Nutrition services:** Consultation and information for prenatal and early childhood initiatives; school health
- **Inspection services include:** Inspection and licensing of food service and processing; Special Care Homes; Sewage systems; Application of Clean Water Act and provision for testing water; Communicable disease

Canadian Red Cross – Woodstock

Phone: 328-8881

Offers a network of programs and services that actively reach out and serve local communities throughout the province.

Programs include: health equipment loans, emergency and disaster relief, water safety, CPR training, senior support, etc.

Metapra & Associates

Phone: 328-8472 **Website: www.metapra.com**

Assists individuals/families with their specialized needs, such as better access to the community, more variety of things to do, tutoring, employment, and friendly visits.

New Brunswick Extra Mural Program

Phone: 375-2539 (Waterville) / 273-7222 (Perth)

Home health care to citizens of all ages provided by nurses and/or other health professionals. The patient must be referred by and under the supervision of a physician for nursing services. Citizens requiring rehabilitation services can self-refer or be referred by a physician, family, school, nursing home or others.

Kindred Home Care

Phone: 1-877-999-6602

Health care services in the home including light housework, personal care, medication reminders, meals and groceries, respite care and companionship.

Bayshore Home Health

Phone: 325-0341 Toll free: 1-877-289-3997

Website: www.bayshore.ca

Home health care services including light housework, personal care, medication reminders, meals and groceries, respite care, companionship, fall prevention and dementia care.

Easter Seals/March of Dimes/CRDC – Fredericton

Phone: (506) 458-8739/ 1-888-280-8155

Website: www.easterseals.nb.ca

Provides a broad range of information and services for persons with physical disabilities of all ages. Provides an equipment loan bank. Operates “Camp Rotary” as a summer camp experience for persons with disabilities.

Canadian Mental Health Association

Phone: (506) 455-5231 or 325-3943

Promotes positive mental health through regional programs of public education, awareness, advocacy and community service.

EDUCATIONAL SERVICES

NBCC Woodstock

Phone: 325-4400

The Woodstock Campus offers several regular programs in the areas of Business, Health, IT, Social Sciences and Trades. NBCC Woodstock is ready to give you the tools you need to be job ready.

Western Valley Adult Learning Association

Phone: 273-6177 Toll-Free: 1-844-349-8252

Email: admin@wvala.ca

The GED certificate is widely accepted as high school - equivalency. Adults over 18 who want to write the GED exam are accepted into this program. Students are free to work at their own pace, attend classes full-time, or part-time.

Community Adult Learning Consultant Services

Phone: (506) 462-5198

The objective of the Community Adult Learning Program (CALP) is to improve literacy levels in the province by bringing literacy training opportunities to adults in their own community.

Laubach Literacy NB

Phone: (506) 384-6371 Toll Free: 1-877-633-8899

Laubach Literacy New Brunswick (LLNB) is a non-profit, charitable organization whose trained volunteers help adults improve their basic reading, writing and math skills through a free, confidential program. LLNB volunteers work one-to-one with learners, using materials relevant to learners' literacy levels and daily lives.

EMPLOYMENT SERVICES

Community Industries (C.I.E.V.A.) – Woodstock

Phone: 325-4909

Provides vocational training and assists with employment placement for adults with a developmental disability.

Accessed through Social Development (**1-866-444-8838**).

Career Resource Centre – Woodstock

Phone: 325-3927

Email: rcwoodstock@nb.aibn.com

The Career Resource Centre provides employment information, employment opportunities, free computer use, program or training information, career planning, office assistance and the use of any other resources available.

Post-secondary Education, Training and Labour (PETL)

Phone: Woodstock 325-4406 / Perth-Andover 273-4559

Assists employers in finding suitable workers and assists workers in obtaining employment. Provides Career and Employment Counselling Services, work experience placement and Training and Skills Development (TSD) grants for college education.

Carleton-Victoria Community Vocational Board Inc.

Phone: Woodstock 328-4911 / Perth-Andover 273-6867

Provides employment related services such as: career counselling, employment counselling, resume writing, job search, entrepreneurial development and local labour market information.

FAMILY SERVICES

Upper River Valley Kids

Website: www.urvkids.ca

Provides a list of family resources, support and services and helpful links. Includes a calendar of events for families.

Valley Family Resource Centre – Woodstock

Phone: 325-2299

Website: www.frc-crf.com/woodstock

Facebook: Valley Family Resource Centre

Offers FREE programs for families with children 0-6 years. Programs include: Prenatal, parent and baby programs, Playgroups, School Readiness, parent support classes, resource lending and breast pump rentals.

New Brunswick Public Libraries (NBPLS)

Network of public libraries plus a virtual branch and a Books-by-Mail and Talking Book Service. Libraries in the Upper River Valley:

- Nackawic:575-2136
- Woodstock:.....325-4777
- Hartland:375-4876
- Florenceville-Bristol:.....392-5294
- Perth-Andover:273-2843
- Plaster Rock:.....356-6018

Talk With Me – Early Language Services

Phone: 1-866-423-8800

Find us on Facebook: Talk With Me Program-Woodstock

Offers free parent/child programs on speech and language development of children ages 0-5. Sessions include: Baby Massage, Signing with Babies, First Words, and more! The Speech-Language Pathologists can also offer consultation for parents with concerns about their child’s speech and language.

Public Health Services

Phone: 1-888-829-6444

Offers pre-and postnatal home visiting, Pediatric Immunization Clinics and Healthy Toddler Assessments:

Development in the first 3 years is crucial for later success and when it comes to detecting health concerns in children, sooner is better!



Through Public Health, children can have the Healthy Toddler Assessment from 18 months until they turn 2 years of age. During the assessment, a nurse will evaluate growth and development including:

- Dental, vision and hearing
- Language development
- Physical skills
- Personal and social relationships

They will also provide information on nutrition, safety, vaccines, literacy and answer any questions parents may have about their child. If necessary, Public Health will refer to other services.

Family and Early Childhood West

Phone: 1-855-454-3762

A free service to support families of children aged 0 to 8 years; helping parents prepare their children for school and assisting with any developmental challenges. We offer home visits, Parent-Child Attachment programs, EYE-DA preschool assessment and follow-up support. We can also assist eligible families to access funding for Childcare and provide connections to other community services and resources.

Prenatal Clinic and Classes: Upper River Valley Hospital

Phone: 375-2610

Autism Intervention Services: Upper River Valley

Phone: (506) 455-7048

Website: www.aisfredericton.ca

Offers intervention and regular on-going visits with a clinical team. Focus intervention in the child's natural learning environment such as home or childcare. Preschool children with a diagnosis of Autism can access services through a referral from a physician or psychologist.

Upper Valley Autism Resource Centre Inc.

Phone: 273-6721

Website: www.uvarc.ca

Non-profit organization who provides support, resources, services and information to individuals, families, caregivers and professionals dealing with Autism Spectrum Disorders.

Upper River Valley Children's Rehabilitation Team

Phone: 375-2569

Serves children with neuro-developmental issues, ages 0-5 years. Service providers include physiotherapist, occupational therapist, speech-language pathologist, social worker and dietitian.

Fetal Alcohol Spectrum Disorder Centre of Excellence

Phone: (506) 447-4315

The centre offers services to the family of anyone with FASD and to the professionals working with them. These services can consist of: prevention, diagnosis, intervention and support. The centre holds 24 diagnostic clinics every year, is located in Moncton and is the only centre in Eastern Canada.

Social Development

Phone: 1-866-444-8838 (automated system - all programs)

Programs include, but are not limited to, birth parent, daycare funding, pre and postnatal benefits program, social assistance, foster care, adoption, public housing, etc.

YOUTH SERVICES

Big Brothers/Big Sisters of Carleton/York

Phone: 328-2094

For children ages 6-16. The main purpose is to promote friendship and guidance for children of single parent families who lack companionship of one parent. Volunteers who participate in the program are carefully screened and matched with a child with similar interests and abilities.

Girl Guides-NB

Phone: 1-800-565-8111

Website: www.girlguides.ca/WEB/NB

Guiding offers a wide range of activities for girls and young women ages 5-17, with opportunities to explore the arts, sciences, outdoor challenges, global awareness.

Scouts Canada (Beavers, Cubs, Scouts, Venturers)

Phone: 1-800-557-7268

Website: www.scouts.ca

Offers challenging programs for children/youth ages 5-26 in individual groups in most cities and towns across Canada.

318 Royal Canadian Army Cadet Corps – Woodstock

Phone: 612-3339

Open to children ages 12-18. No registration fees. Promotes leadership, citizenship, physical fitness and knowledge of the Canadian Armed Forces. Biathlon, band, marksmanship.

CHILDCARE FACILITIES and PRESCHOOLS (licensed English facilities)

Early Childhood Services Portal: www.gnb.ca/earlyNB

Create an account and learn about services available to you:

- Find licenced childcare facilities
- Learn about childcare subsidies that may be available to you and use the subsidy calculator
- View the roll-out schedule for designated Early Learning Centres

For a current list of approved childcare facilities:

<https://www.nbed.nb.ca/parentportal/en/search/elc/>

Nackawic/Hainsville

- **Amy’s Childcare**608-1736
- **Little Ladybugs Childcare**260-1400
- **Nackawic Child Care Inc**575-2950

Woodstock

- **Alicia's Centre for Education, Inc.**
Preschool and after school 323-3900
- **Angie’s Little Peeps**324-9074
- **Backyard Bears Daycare**328-2051
- **Curious Kids Childcare**325-3974
- **Eastwood Play and Learn**324-1033
- **Fun Place 2 B (afterschool)**328-3017
- **Liddle Skiddle’s Club**328-3136
- **Little Wonders Childcare**324-3526
- **Skiddle Club (afterschool)**325-4733
- **Little Tater Tots**
Early Learning and Childcare324-4074

- **The Tree House Daycare**328-1006
- **Woodstock Child Care Inc**328-9722
- **Woodstock Christian Academy**.....328-8619
- **Woodstock First Nation Child Development Centre**.....328-4332

Hartland

- **J.O.Y. Preschool** 375-4302 ext. 213
- **Totally Kids Day Care** 375-8000

Florenceville-Bristol/Centreville/Bath

- **Centreville Child Care**276-4437
- **Centreville Preschool**276-4437
- **Children’s Learning Centre**392-8310
- **Crafty Corner Child Care Centre**392-6161
- **Step Ahead – Bath Learning Centre**
Daycare, afterschool, preschool278-3959

Perth-Andover

- **Future Footprints Family Centre**
Daycare, afterschool and preschool.....273-4250

Plaster Rock

- **Twila’s Tots**.....356-0997 or 477-0999

SENIORS' HOUSING and CARE

Nursing Homes

These nursing homes are non-profit organizations licensed by the Dept. of Social Development. They provide 24/7 nursing care. To access services, call **1-866-444-8838** to have an assessment completed.

Services include personal care, supervisory and nursing care, cafeteria, pastoral services and transportation for recreational activities. Manors also provide relief care. Please contact individual nursing homes regarding access and process:

- **Carleton Manor Inc – Woodstock**
Phone: 325-4373 (80 bed facility)

- **Central Carleton Nursing Home Inc – Hartland**
Phone: 375-3033
 - Central Carleton Apartment –independent living for seniors
 - Carleton place - assisted living/supportive housing for semi-dependent individuals who require services such as meals, housekeeping, laundry, and maintenance

- **Riverview Manor Inc – Bath**
Phone: 278-6030 (40 bed facility)

- **Tobique Valley Manor Inc. – Plaster Rock**
Phone: 356-6040

- **Victoria Glen Manor – Perth**
Phone: 273-4885 (60 bed facility)

Assisted Living Facilities

Riverside Court – Woodstock

Phone: 325-7200 Please call for details of service

Carleton Place – Hartland

Phone: 375-3033 Please call for details of service

Senior's Housing

Low income seniors can call Social Development to apply for subsidized housing which is available in all areas throughout the Upper River Valley region (**1-866-444-8838**).

- **Carleton Place (Hartland): Phone 375-3033**
- **Glen Cook: Phone 328-3761**
For people 55 years and above: no children; no pets
- **Thomas Strong: Phone 328-3592**
For people 55 years and above; no children; no pets
- **Women's Institute Home: Phone 328-2148**

Special Care Homes

Special Care Homes provide 24-hour care and supervision for individuals who require assistance with personal care, medication administration, meal prep, house cleaning, etc. Services are accessed through either the Long-Term Care or Disability Support Program both of which are programs offered by the Department of Social Development (**1-866-444-8838**).

The following is a list of Special Care Homes in the Upper River Valley:

Long Term Care and Residential Facilities

FACILITY	OPERATOR/ Email	BEDS	ADDRESS	TELEPHONE
Boone Home	Lorraine Boone	3 smoking	5 McGann Road Limestone, N.B. E7N 2S9	277-6328
Email: loboone1952@gmail.com				
Burpee Residential Center	Lelah Burpee	8 smoking	445 Route 560 Jacksonville N.B. E7M 3H4	328-6827 Fax: 325-9814
Email: howlea35@hotmail.com				
Crescent Garden Guest Home	Dale & June Shaw	3	01 Crescent Garden Hartland, NB E7P 1L9	375-9113
Email: crescentgardengh@aol.com				
Diane's Villa Special Care Home Ltd.	Diane Murphy	19 smoking	2587 Route 109 Three Brooks, N.B. E7G 2W6	356-8327 Fax: 356-2319
Email: murphybill21@yahoo.com				
Emily's Special Care Home	Emily Pelkey	3	24 Titus Dr. Perth-Andover, N.B. E7H 5B1	273-2190
Koze Corner Special Care Home	Ada Sharpe	8 smoking	392 Route 605 Temperance Vale, N.B. E6G 2C4	575-2902 Fax: 575-8180
Email: clarklinda59@gmail.com				
Lang Lodge Grafton	Lydia Lang	10 smoking	3495 Route 585 Grafton, N.B. E7N 1H7	328-4699 Fax:328-9733
Email: langpetenb@gmail.com				
Lansdowne Special Care Home	Lorraine Brown	8 smoking	156 Melville Rd, Lansdowne, N.B. E7L 3W5	375-4229 Fax: 375-8189
Email: lepbn@nb.sympatico.ca				
Laskey Home	Cathy Laskey	3 smoking	195 Houlton Rd. Woodstock, N.B. E7M 4L7	328-3422
Email: cathyilaskey@hotmail.com				

FACILITY	OPERATOR/ Email	BEDS	ADDRESS	TELEPHONE
Maple Villa Special Care Home	Cindy Boone	6 smoking	588 Route 605 Temperance Vale, N.B. E6G 2C8	575-8260
Email: rcboone@nbnet.nb.ca				
New Beginnings	Susan Oakes	3 smoking	5300 Route 560 River de Chute, N.B. E7H 4S8	503.0289
Email: susie.q1952@hotmail.com				
Prince Albert Lodge	Locke Perry	2 smoking	112 Prince Albert St. Woodstock, N.B. E7M 2M1	328-3184 Fax: 325-9762
Email: efinc@nbnet.nb.ca				
Riverside Court Retirement Residence Inc.	Sharon Cluff	20	870 Main St. Woodstock, N.B. E7M 0B2	325-7200 Fax: 325-7207
Email: specialcare@riverside-court.ca				
Ruth Anna's Ladies' Home Care	Ruth Sawler	12	37 Clark Street Hartland, N.B. E7P 1L3	375-9193 Fax: 375-9193
Email: ruan@nbnet.nb.ca				
Scott's Special Care Home Inc.	Anita Scott	9 smoking	1095 Route 103 Upper Woodstock, N.B. E7M 3C7	328-2997 Fax: 328-9733
Email: cscott_18@hotmail.com				
Shaw's Special Care Home	Terry Slipp	10	808 Route 590 Waterville, N.B. E7P 1C3	375-8865 Fax: 375-8865
Email: tvslipp@icloud.com				
Swim's Adult Residential Facility	Emily Swim	9	448 White Rd. Avondale, N.B. E6K 1E5	375-6613 Fax: 375-4609
Email: gdsxim@xplornet.com				
Victoria Villa Inc.	Jennifer Eagan	18	566 East Riverside Dr. Perth-Andover, N.B. E7H 1Z4	273-9394 Fax: 392-0395
Email: jen@eagan.ca				
Williams Cozy Corner	Laura Saunders	9	2263 Route 560 Lakeville, N.B. E7K 3G2	392-1801 Fax: 392-0395
Email: williamscozymanor@hotmail.com				

HOUSING

NB Housing

Toll Free: 1-866-444-8838

Provides subsidized rental accommodation for families/seniors who have difficulty finding housing due to low income.

Local Landlords

Woodstock area

E T Apartment Rentals; Ersul Cronkhite	328-8911
Dimock Rentals	328-8824
Cook Properties.....	844-236-4381
G. Gill Property Management.....	324-1113
Stephen Rose	325-0088
1 st Town Rentals; Charles Briggs	328-8680
Arthur Kerr	328-8347
Richard Keilty.....	328-2893
Jeff Den Otter	328-8234
Brent Saunders	328-6224
Murray Pratt	328-8372
Lloyd Davis	375-4485
Fred Keilty (Seniors)	324-3797
Gordon Sparrow	328-6352
Nigel Drake	328-5042

Hartland/Florenceville/Bristol/Bath/Centreville Areas

Bristol Housing Inc.; Bobbi Miller	392-3148
Florenceville Burnham Road Housing	392-8099
Dan Smith	392-7210
Lloyd Davis	375-4485
Chris Brennan	392-5511
Tri-Town Enterprises Ltd; Robin McLean	324-3010
Family/Seniors Housing - Bobbi Miller	392-3148

Millville and Nackawic Areas

E T Apartment Rentals; Ersul Cronkhite	328-8911
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RECREATION/COMMUNITY SERVICES

Western Valley Recreation Association

Offers year round programs, services and events to benefit all residents of the Western Valley and promote healthy living.

Facilities:

- Nackawic: 575-2240
- Woodstock: 325-4671
- Hartland: 375-6961
- Florenceville-Bristol: 392-6763
- Perth-Andover: 273-4844
- Plaster Rock: 356-6075

Western Valley P.R.O. Kids

Phone: 325-4885 (Ayr Motor Centre)

Provides aid to as many children and youth as possible who, due to lack of funds, are unable to participate in sport, art, recreation or cultural activities.

Special Olympics

Phone: (506) 455-0404

Email: infosonb@specialolympics.ca

Provides sport programs to people of all ages with an intellectual disability. Active Start and Fundamentals: Developmental programs for children between the ages of 2 and 12 years. Provide youth with opportunities to engage in active play and develop fundamental motor skills.

Go Ahead Seniors

Phone: Janet Gee 273-6229

Email: janet.gee@nb.sympatico.ca

Provides free information sessions and support on healthy active living topics for those 50 plus.

Western Valley Wellness Network

Website: www.wellnessnb.ca **Find us on Facebook**

Aiming to help improve the health and wellness of people living in the Western Valley in the four settings - communities, homes, schools and workplaces. Check out the calendar on the wellnessnb.ca website for events in your community.

Wheels to Wellness

Phone: Bev Jacobson 575-2344

Email: jacobson@xplornet.com

Available to Nackawic residents. Provides support to those who have limited or no means of transportation to and from medical appointments. If possible, require 48 hours' notice. Free within Nackawic town limits, small fee outside of town.

Community Food Smart Programs

Website: www.communityfoodsmart.com/

Community Food Smart is a bulk food buying club for people keen on purchasing quality fruits and vegetables at affordable prices. Bags are paid for monthly for only a \$15 membership. See website for a list of locations.

Community Based Services for Children with Special Needs

Phone: 1-866-444-8838 (Dept. of Social Development)

The CBSCSN program assists families who are unable to provide all of the care and support required to meet the special developmental needs of their child. Families must show that in addition to other community services they are accessing, their child still has extra-ordinary needs.

Fuel the Care

Fuel the Care covers part of the travel costs for families traveling between home and hospital when their children need medical care. Call the following facilities for more information if your child is a patient: Saint John Regional Hospital, IWK Health Centre, Janeway Child Health and Rehab Centre.

INFORMATION SERVICES

Customs and Immigration

Website: www.cbsa@gc.ca (Canada Border Services)

Website: www.cic.gc.ca (Immigration Services)

Information available to the community regarding all areas of Customs/Immigration Services which include:

- Admission of visitors/immigrants to Canada
- Exclusion of inadmissible persons to Canada
- Removal from Canada of those who have violated the Immigration Act or have been convicted of a crime
- Work Permits
- Student Permits
- Importing and exporting of goods and vehicles

Multicultural Association of Carleton County (MACC)

Phone: Woodstock 328-4690

Website: www.maccnb.ca

Find us on Facebook

Provides services for newcomers to Canada, including settlement assistance, social events, employment services, help with the immigration process and English language training.

Service New Brunswick

Website: www.snb.ca

- Woodstock: 325-4404
- Florenceville-Bristol: 392-5084
- Perth-Andover: 273-5901
- Plaster Rock: 356-6002

Services include (among others): Vehicle registration, property assessment, drivers examiner, land information, municipal payments, forms (Medicare, low income property tax reimbursement, low income seniors benefits).

Human Rights Commission - Fredericton

Phone: (506) 453-2301

The Commission handles complaints of discrimination under the Human Rights Act on the basis of race, colour, religion, national origin, ancestry, place of origin, age, physical disability, marital status and sex. No fee for services.

LEGAL SERVICES

New Brunswick Legal Aid Service

Phone: 328-8127

Helps people with limited financial means to get the legal help they need for certain Criminal and Family law matters. Legal Aid will determine if you are financially eligible.

Services for Criminal Law include: 24 hour telephone service for people in police custody, Duty Counsel to explain the court process and give informal advice, participates in conferences regarding Mental Health Court, represent people found unfit for trial.

Services for Family Law include: Duty Counsel regarding support application or advice regarding Child Protection matters, assistance with obtaining Child and Spousal support, assistance with Application for Child Custody and Access.

For the Sake of Children (Family Law-NB)

Phone: 1-888-236-2444

Website: www.legal-info-legale.nb.ca/en/for_sake_of_children

Free program that provides the information that parents need when dealing with a separation. It helps parents understand what they are going through (both legally and emotionally) and helps them to cope with and adjust to separation so that they can help their children adjust.

Small Claims Court (Dept. of Justice) – Regional Office

Phone: 325-4414

Designed to permit citizens to sue against another without the assistance of a lawyer for debt or damages up to \$12,500.

Victim services (Dept. of Public Safety)

Phone: 325-4422

Website: <http://gnb.ca/0276/index-e.asp>

Victim services accepts referrals from police, court, service providers, community agencies, victims and their family or friends. Provides a number of services for victims including:

- Trauma Counselling Program
- Court Preparation and Court Support Program
- Victim Impact Statement Program
- Court Follow-up and Sentencing Debrief
- Program for Child Victims and Witnesses
- Liaising with police and other community agencies

Ombudsman – NB Child and Youth Advocate

Phone: (506) 453-2789 or 1-888-465-1100

Website: <https://www.cyanb.ca/en/>

Acting as a supporter of children and youth, ensuring that their rights and interests are protected and their views are heard and considered. Guarantee that children and youth have access to approved services and that complaints about these services receive appropriate attention.



Helping Hands Guide

Last Updated November 2018

To suggest a change, please email:
urvkids@gmail.com