



URVKids believes that when families and communities are connected to each other, we have stronger, healthier children and families. Please see a list of contact numbers below to help parents and families find information and assistance on caring for babies and children.

PRENATAL PROGRAMS

Labour and Birth	Upper River Valley Hospital	506-375-2611
	La Leche League Helpline/Contact Person	506-375-4076
Prenatal Benefit	Social Development	1-866-444-8838
Prenatal Classes	Upper River Valley Hospital	506-375-2610
Prenatal Clinic (self-referral)	Upper River Valley Hospital	506-375-2610
Public Health	Woodstock/Perth-Andover/Plaster Rock.....	1-888-829-6444
Valley Family Resource Centre (Classes)	Nackawic to Perth Andover	506-325-2299

SERVICES FOR CHILDREN AND PARENTS

Breastfeeding Support	Upper River Valley Hospital	506-375-2610
	La Leche League Helpline/Contact Person	506-375-4076
Family & Early Childhood West	Edmundston to Oromocto	1-855-454-3762
Madawaska/Victoria Family Resource Centre	Grand Falls to Edmundston	506-473-6531
Public Health	Woodstock/Perth-Andover/Plaster Rock.....	1-888-829-6444
Talk with Me—Early Language Services	Edmundston to Nackawic	1-866-423-8800
Upper Valley Autism Resource Centre	Grand Falls to Woodstock.....	506-273-6621
Valley Family Resource Centre	Perth-Andover to Nackawic.....	506-325-2299

EMERGENCY SERVICES

Department of Social Development	1-866-444-8838
	After Hours Emergency.....	1-800-442-9799
Upper River Valley Hospital (Waterville)	506-375-5999
Hotel-Dieu St. Joseph (Perth-Andover)	506-273-7100
Kids Helpline	1-800-668-6868
Sanctuary House—Shelter for Abused Women	506-325-9452
Telecare (Emergency Medical Information)	811
Upper River Valley After Hours Mobile Crisis Team	1-888-667-0444
Health Clinics/Centres	Nackawic Community Health Centre	506-575-6600
	Woodstock After Hours Clinic	506-328-9250
	Tobique Valley Community Health Centre	506-356-6600



OTHER SUPPORT AND SERVICES

Big Brothers Big Sisters of Carleton York	506-328-2094
Mental Health	Woodstock.....	506-325-4419
	Perth.....	506-273-4701
Multicultural Association of Carleton County	Woodstock.....	506-328-4690
	Florenceville-Bristol	506-392-6011
NB Legal Aid Services Commission	Woodstock.....	506-328-8127
Separation & Divorce (For the Sake of the Children)	1-888-236-2444
Services for Adults with Intellectual Disabilities (CIEVA)	506-328-4945
Social Development Services and Programs (<i>includes Daycare Assistance, Income Assistance, NB Housing</i>)	1-866-444-8838
Sexual Health Services	1-888-829-6444
Volunteer Family Services (FOOD BANK)	Woodstock.....	506-328-4417
	Perth-Andover	506-273-6201
	Plaster Rock	506-356-2967
Western Valley Pro Kids (<i>Financial Assistance for Recreational Activities for Children and Youth</i>)	506-325-4885
Western Valley Recreation Association and Wellness Network	506-325-4729

OTHER COMMUNITY SERVICES

Anglophone School District West	Fredericton Office	506-453-5454
Early Learning and Childcare Facilities (Licensed)	www1.gnb.ca/0000/Daycarecq/indexCDC-e.asp?District_Name=ASD-W	
Early Childhood Development Centres	Step Ahead (Bath).....	506-278-3959
	Future Footprints (Perth-Andover)	506-273-4250
	Cougar Kittens (Centreville)	506-276-4437
Arenas	Northern Carleton Civic Centre (Florenceville).....	506-392-6763
	Hartland Arena	506-375-6961
	Nackawic Arena	506-575-2136
	River Valley Civic Centre (Perth-Andover)	506-273-4844
	Tobique Plex (Plaster Rock).....	506-356-6076
	Ayr Motor Centre (Woodstock)	506-325-4671
Public Libraries	Andrew & Laura McCain Library (Florenceville-Bristol).....	506-392-5294
	Dr. Walter Chestnut Library (Hartland)	506-375-4876
	Nackawic Public School Library	506-575-2136
	Perth-Andover Public Library	506-273-2843